

# Nicotine Abstinence Syndrome Precipitated by Central But Not Peripheral Hexamethonium

DAVID H. MALIN, J. RONALD LAKE, CHRISTINA K. SCHOPEN, JOHN W. KIRK,  
ELIZABETH E. SAILER, BRENT A. LAWLESS, TIMOTHY P. UPCHURCH,  
MERLE SHENOI AND NANCY RAJAN

*University of Houston–Clear Lake, Houston, TX 77058*

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MALIN, D. H., J. R. LAKE, C. K. SCHOPEN, J. W. KIRK, E. E. SAILER, B. A. LAWLESS, T. P. UPCHURCH, M. SHENOI AND N. RAJAN. *Nicotine abstinence syndrome precipitated by central but not peripheral hexamethonium*. PHARMACOL BIOCHEM BEHAV 58(3) 695–699, 1997.—A rodent model of nicotine dependence has been developed based on continuous subcutaneous (SC) infusion of nicotine tartrate. Nicotine abstinence syndrome was precipitated by SC injection of the nicotinic antagonist mecamylamine, which freely crosses the blood–brain barrier. In contrast, the nicotinic antagonist hexamethonium crosses the blood–brain barrier very poorly. This study determined whether central or peripheral administration of hexamethonium could precipitate nicotine abstinence. In the first experiment, 26 nicotine-dependent rats were injected SC with 0.5, 5 or 10 mg/kg hexamethonium dichloride or saline alone and observed for 20 min. Few abstinence signs were observed in any group; there was no significant drug effect. In the second experiment, 18 rats were cannulated in the third ventricle and rendered nicotine dependent. One week later, rats were injected through the cannula with 12 or 18 ng hexamethonium or saline alone and observed for 20 min. Both dose groups differed significantly from the saline-injected group, and there was a significant positive linear trend of signs as a function of dose. The high dose had no significant effect in 14 nondependent rats. We conclude that hexamethonium is much more potent by the central route, and there is a major central nervous system component in nicotine dependence. © 1997 Elsevier Science Inc.

Nicotine    Nicotine dependence    Nicotine abstinence    Hexamethonium    Nicotinic receptor antagonists    Rat

IN a rodent model of nicotine abstinence syndrome (34), nicotine dependence is induced by 7 days of continuous subcutaneous (SC) infusion of nicotine tartrate in the rat. Behavioral abstinence signs develop gradually following termination of nicotine infusion (34); abstinence signs are precipitated immediately by SC injection of the nicotinic antagonist mecamylamine (29). The model has met a number of validity criteria, including potent reversibility of abstinence signs by nicotine injection and comparative lack of signs in saline-infused rats (34). Recently, there has been independent confirmation of several phenomena connected with this model: spontaneous nicotine abstinence syndrome, nicotine alleviation of nicotine abstinence, and mecamylamine precipitation of nicotine abstinence (20).

The existence of a laboratory model of nicotine dependence and abstinence allows exploration of the underlying mechanisms of these phenomena. Such explorations in our laboratory have been guided by the hypothesis of common

mechanisms underlying opiate and nicotine dependence (36). Nicotinic receptor stimulation induces release of endogenous opioid peptides (10,14,19,22,44,46,50). Nicotine abstinence syndrome in the rat involves many of the same behavioral signs as morphine abstinence syndrome (30,34,35,37). Nicotine abstinence signs are potently morphine reversible and can be precipitated by SC naloxone (30). Naloxone also prevents nicotine alleviation of nicotine abstinence (35).

One of the most basic questions regarding nicotine dependence remains to be addressed: Is nicotine abstinence triggered by reduced nicotinic receptor stimulation in the central or peripheral nervous system? Various behavioral and physiological actions of nicotinic, such as modulation of feeding (26,47) and regulation of heart rate and blood pressure (21), may involve peripheral and central mechanisms. Nicotinic antagonists that do not readily cross the blood–brain barrier should be useful in differentiating central and peripheral

mechanisms of nicotine dependence. In contrast to mecamlamine, hexamethonium penetrates the blood-brain barrier very poorly (16). However, small amounts of hexamethonium may enter the cerebrospinal fluid or brain tissue following peripheral administration (3,27). Peripheral administration of mecamlamine, but not hexamethonium, has been reported to reverse many centrally mediated actions of nicotine, including tail tremor, locomotor hyperactivity, reductions in body weight and neuroendocrine changes (7,15,40,47,49). In contrast, central administration of hexamethonium antagonized the central actions of nicotine on blood pressure, heart rate, nociception, thermal regulation, salivation and modulation of motor reflexes (1,13,17,18,23).

The present experiments tested the relative ability of hexamethonium to precipitate nicotine abstinence syndrome by peripheral (SC) and central (third ventricle) administration. The specific brain regions responsible for the expression of nicotine dependence and abstinence in the rat have not been clearly identified. The third ventricle was chosen as the injection site based on the hypothetical relationship previously noted between nicotine and opiate abstinence syndromes. This ventricle is close to a number of brain regions believed to be critical for precipitation of morphine abstinence in the rat (24). Third ventricle injection of naloxone (33) or the antiopiate peptide NPF (31) potentially precipitated morphine abstinence syndrome. Third ventricle injection of naloxone precipitated the most rapid and numerous morphine abstinence signs when compared with other ventricular injection sites (32). In addition, ventricular injection allows the drug to spread to many brain regions adjacent to the ventricular system rather than being restricted to a specific brain site, as would be the case with a tissue injection.

#### EXPERIMENT 1: PERIPHERALLY ADMINISTERED HEXAMETHONIUM FAILS TO PRECIPITATE NICOTINE ABSTINENCE SYNDROME

This experiment determined whether nicotine abstinence syndrome would be precipitated by SC injection of hexamethonium. Doses of hexamethonium ranging from 0.5 to 10 mg/kg have frequently been used to evaluate the peripheral component of nicotine effects on behavior or neuroendocrine activity in rats (4,8,12,25,26,41,43,45,47-49). The present study tested three doses of hexamethonium within this range to evaluate the dose relatedness of any abstinence-precipitating effect.

#### Method

**Animals.** The subjects were 26 male Sprague-Dawley rats, weighing 330-377 g. All subjects were maintained on ad libitum food and water and a 12-h light-dark cycle.

**Drug treatments.** Animals were implanted SC under halothane anesthesia with one Alzet 2ML1 osmotic minipump and rendered dependent by 7 days of continuous infusion of 9 mg/kg/day nicotine tartrate (-) isomer in saline. On day 7 of infusion (approximately 164 h after pump implantation), subjects were randomly divided into four groups consisting of 6 or 7 rats each. Subjects were challenged with 0.5, 5 or 10 mg/kg hexamethonium dichloride (RBI, Natick, MA) SC or with saline alone.

**Behavioral observations.** Immediately following the SC injection, each subject was observed for 20 min in a clear plastic rectangular chamber measuring 48 × 38 × 20 cm. All observations were performed under "blind" conditions. Observers tallied each occurrence of behavioral signs based on a stan-

dard checklist of nicotine abstinence signs developed and validated by Malin et al. (34). Categories included gasps/abdominal writhes, teeth chatter/chews, wet shakes/tremors and miscellaneous less frequent signs (scratches, ptosis, yawns, seminal ejaculations/genital licks, escape jumps). Ptosis was counted no more than once per minute and continuous teeth chattering no more than once every 15 s. Each rat's overall abstinence score consisted of abstinence signs cumulated across all categories.

#### Results

Figure 1 shows the overall nicotine abstinence signs precipitated by 0.5, 5 or 10 mg/kg hexamethonium SC or by saline alone. There were few signs in all four treatment groups. One-way analysis of variance (ANOVA) indicated no significant effect of hexamethonium dose [ $F(3, 22) = 1.91$ , NS]. According to Dunnett's procedure for multiple post hoc comparisons with a single control group, none of the hexamethonium dose groups differed significantly from the saline-injected controls.

#### EXPERIMENT 2: CENTRALLY ADMINISTERED HEXAMETHONIUM PRECIPITATES NICOTINE ABSTINENCE SYNDROME

This experiment determined whether third ventricle injection of hexamethonium precipitates nicotine abstinence syndrome. It also determined whether centrally administered hexamethonium induces signs more readily in nicotine-dependent rats than in nondependent rats, as would be expected in a true nicotine abstinence syndrome.

#### Method

Eighteen male Sprague-Dawley rats, weighing 373-445 g, were stereotaxically cannulated in the third ventricle under equithesin anesthesia. The coordinates were 0.2 anterior, 0.0 lateral and 9.2 inferior to skull bregma. Cannula placements were confirmed subsequent to the experiment by injection of methylene blue dye. Under the same anesthesia, the rats were implanted SC with an Alzet 2ML1 osmotic minipump and rendered dependent by 7 days of continuous infusion of 9 mg/kg/day nico-

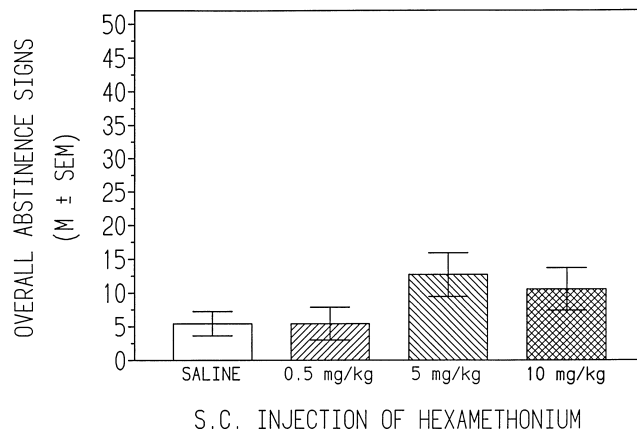


FIG. 1. Overall abstinence signs (mean ± SEM), cumulated across all categories, in nicotine-dependent rats injected SC with saline only or with 0.5, 5 or 10 mg/kg hexamethonium dichloride. There were no significant differences between any of the hexamethonium dose groups and those injected with saline alone.

tine tartrate (-)-isomer in saline. Rats were housed individually following surgery.

After 7 days of nicotine infusion, the 18 rats were randomly divided into three equal groups. Subjects were challenged by third ventricle injection of either 12 or 18 ng hexamethonium dichloride in 20  $\mu$ l saline or saline alone. These doses were selected on the basis of small pilot experiments. Injections were gradually infused via motorized syringe at the rate of 4  $\mu$ l/min. The injection rate and volume were consistent with procedures for precipitating morphine abstinence syndrome by third ventricle infusion of opiate antagonists or antiopiate peptides (31). Subjects were observed for abstinence signs under "blind" conditions for 20 min, beginning with the onset of the injection.

To assess the effect of hexamethonium on nondependent subjects, 14 cannulated rats, weighing 386–447 g, were implanted SC with an Alzet osmotic minipump filled with saline alone. After 7 days of continuous saline infusion, 7 rats were challenged by third ventricle injection of 18 ng hexamethonium dichloride in 20  $\mu$ l saline and 7 were challenged by saline alone. Each rat was then observed over 20 min for abstinence-like behavioral signs.

### Results

Figure 2A shows overall abstinence signs precipitated by third ventricle injection of 12 or 18 ng hexamethonium or saline alone in nicotine-dependent rats. One-way ANOVA indicated a significant effect of hexamethonium dose [ $F(2, 15) = 7.13$ ,  $p < 0.01$ ]. Linear trend analysis indicated a significant positive trend of abstinence signs as a function of dose [ $F(1, 15) = 14.24$ ,  $p < 0.01$ ]. According to Dunnett's procedure for multiple post hoc comparisons with a single control group, the low-dose group differed significantly from the saline-injected group ( $p < 0.05$ ), as did the high-dose group ( $p < 0.01$ ).

Figure 3 shows the occurrence of various categories of abstinence signs. One-way ANOVA revealed a significant effect of hexamethonium dose on shakes/tremors [ $F(2, 15) = 6.30$ ,  $p < 0.05$ ]. According to Dunnett's procedure, only the high-dose group differed significantly from saline controls ( $p < 0.01$ ).

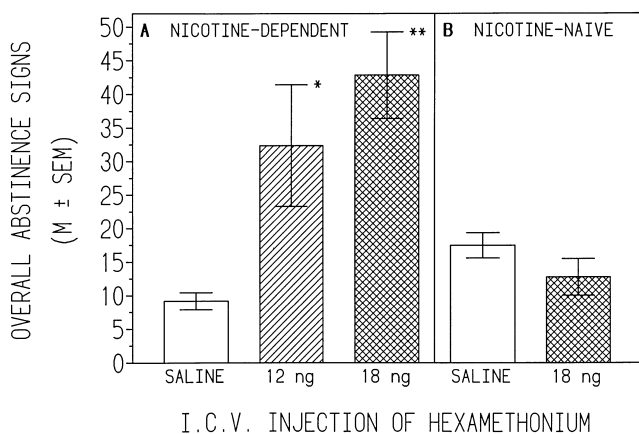


FIG. 2. A: Overall abstinence signs (mean  $\pm$  SEM), cumulated across all categories, in nicotine-dependent rats injected in the third ventricle (i.c.v.) with saline only or with 12 or 18 ng hexamethonium dichloride. \* $p < 0.05$ , \*\* $p < 0.01$  vs. saline (Dunnett's test). B: Overall abstinence-like signs in nondependent rats injected in the third ventricle with saline only or 18 ng hexamethonium dichloride.

The effect of hexamethonium dose on chews/teeth chatter closely approached significance [ $F(2, 15) = 3.25$ ,  $0.05 < p < 0.10$ ]; only the high-dose group differed significantly from controls ( $p < 0.05$ ). The effect of hexamethonium dose on gasps/writhes also approached significance [ $F(2, 15) = 2.24$ ,  $0.05 < p < 0.10$ ]. The difference between both the high- and low-dose groups and the control group approached significance ( $0.05 < p < 0.10$ ). There was no significant effect of hexamethonium dose on miscellaneous less frequent signs [ $F(2, 15) = 1.12$ , NS].

The nondependent rats challenged with centrally administered hexamethonium actually had fewer abstinence-like signs than the nondependent rats challenged with saline alone (Fig. 2B). This difference was not significant [ $t(12) = 1.42$ , NS].

### DISCUSSION

Peripheral administration of hexamethonium over a wide dose range failed to precipitate a significant nicotine abstinence syndrome. This result does not totally eliminate the possibility of some partial peripheral component in nicotine dependence. Still higher SC doses of hexamethonium may have precipitated some abstinence signs. However, this possibility would be difficult to evaluate because much higher doses would largely inactivate the autonomic nervous system, resulting in gross physiological abnormalities (11). Subcutaneously administered hexamethonium also may have a gradual or delayed effect. However, continued observation of many of the subjects for an additional 10 min did not result in markedly altered ratios of overall signs among the saline and three hexamethonium dose groups.

In contrast, third ventricle injection of hexamethonium precipitated significant numbers of abstinence signs in a dose-related manner. The profile of abstinence signs generally resembled that seen in spontaneous (34) and mecamlamine-precipitated (29) nicotine abstinence syndromes. With hexamethonium, however, there were fewer instances of teeth chatter/chews and more shakes/tremors. Hexamethonium was extremely potent by the central route. The highly effective 18 ng central dose was 195,000 times smaller than the ineffective 10 mg/kg peripheral dose. Thus, although the data do not totally rule out a peripheral component in nicotine depen-

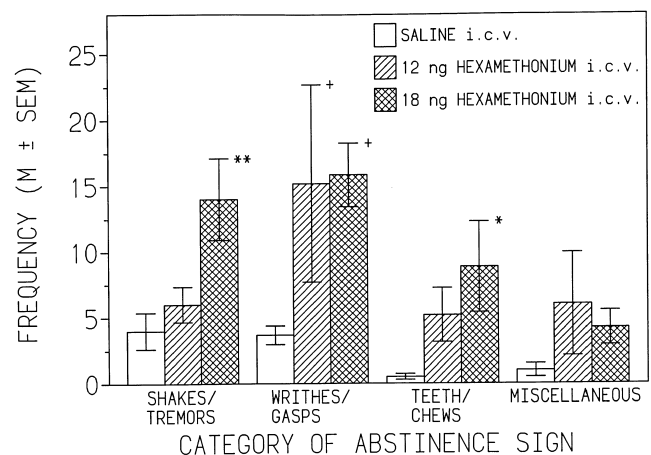


FIG. 3. Individual categories of nicotine abstinence signs precipitated by third ventricle (i.c.v.) injection of saline alone or 12 or 18 ng hexamethonium dichloride in nicotine-dependent rats. + $0.05 < p < 0.10$ , \* $p < 0.05$ , \*\* $p < 0.01$  vs. saline (Dunnett's test).

dence and abstinence, they strongly suggest a major central nervous system component.

Another issue regarding the rodent model of nicotine dependence and abstinence concerns the specificity of these phenomena to events at the nicotinic receptor. Mecamylamine is primarily a noncompetitive nicotinic antagonist (9,38,39,52). It interacts with calcium ion channels, some of which are associated with other types of receptors (42). Hexamethonium appears to act as both a competitive (28,51,53) and noncompetitive (2,5,6,28) antagonist at nicotinic receptors. Thus, it might be questioned whether abstinence signs precipitated by these two drugs are specific to interference with nicotinic receptors. However, the noncompetitive or allosteric binding site of hexamethonium on the nicotinic receptor complex is totally distinct from that of memcamylamine (28). Also, in preliminary studies in our laboratory, the purely competitive (9) nicotinic antagonist dihydro- $\beta$ -erythroidine readily precipitated abstinence signs in nicotine-dependent rats. Thus, three distinct types of interference with nicotinic

receptor function all precipitated abstinence syndrome preferentially in nicotine-dependent as opposed to nicotine-naive rats. In addition, termination of nicotine infusion resulted in a similar spontaneous abstinence syndrome (34). The most parsimonious interpretation of all four abstinence syndromes is that they result from chronic overstimulation of nicotinic receptors followed by reduced or impaired receptor activation.

Finally, although nicotine-infused rats had far more behavioral signs than saline-infused rats when challenged centrally with the nicotinic antagonist hexamethonium, they actually had 47% fewer signs than saline-infused rats when challenged with saline alone (Fig. 2). This finding raises the possibility that continuous nicotine infusion can, by some unknown mechanism, reduce the baseline level of irritability.

#### ACKNOWLEDGEMENTS

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